

## HORRIBLE HISTORIES

### Tudor Diet plan

- A. Choose the right option:
1. Who presents the diet plan?
    - a. Edward VIII
    - b. Henry VIII
    - c. James VIII
  2. How do you need to do it?
    - a. You need to eat 8 hours and 50,000 calories a day, and 13 courses at every meal.
    - b. You need to eat 7 hours and 50,000 calories a day, and 13 courses at every meal.
    - c. You need to eat 8 hours and 5,000 calories a day, and 13 courses at every meal.
  3. You need to consume...
    - a. A lot of vegetables
    - b. No vegetables at all
    - c. The right amount of vegetables
  4. Vegetables are for
    - a. Pleasant
    - b. Pheasants
    - c. Peasants
  5. The plan is for
    - a. Weight watchers
    - b. Bay watchers
    - c. Stay watchers

### Roman Table manners

- B. Circle the right option
1. Our table manners teacher *is a Roman Society teacher / a Roman emperor / a very posh Roman*
  2. If you are a Roman you need to eat with your *cutlery/spoon/fingers*.
  3. To show your host that you have enjoyed your meal you should *burp/cough/smile/laugh*.
  4. When Romans needed to go to the *toilet they simply went to the toilet and came back to go on eating/ they told a slave to bring a pot/they simply had a wee in a corner*.
  5. What do Romans use to provoke someone to vomit? *A Feather/ leather/cheddar*

## Answers

A:

1. b

2. c

3. b

4. c.

5. a

B.

1. a very posh Roman

2. cutlery

3. burp

4. they told a slave to bring a pot.

5. a feather

Tudor plan

<http://www.youtube.com/watch?v=fbyBtiwAXX0>

Roman table manners

<http://www.youtube.com/watch?v=TFo4-N3EwsU>

